

Gerodontology 1 "Oral frailty: Assessment and interventions"

Speaker 1 Hirohiko Hirano	Tokyo Metropolitan Institute of Gerontology
Speaker 2 Colman McGrath	Hong Kong University
Speaker 3 Hsiao-Ling Huang	Kaohsiung Medical University
Speaker 4 Tomoki Tanaka	The University of Tokyo

Session Summary:

This symposium will discuss various strategies for assessing and addressing oral frailty in older adults. Overall, the symposium will emphasize the importance of addressing oral frailty in older adults and implementing effective interventions to improve oral health outcomes and promote successful aging. The first speaker will introduce the current concept of oral frailty and the needs of intervention. The second speaker will explore the operationalization of successful aging in the context of oral health, using citation analysis to examine the current literature. They emphasized the need for more research on oral frailty and interventions that promote successful aging in this population. The third speaker will present evidence from clinical and community settings on oral function intervention strategies in the older population. They emphasized the importance of identifying oral frailty early and implementing appropriate interventions to improve oral health outcomes. The last speaker will discuss the potential of a community resident-centered prevention strategy for oral frailty through the use of a CAMCAM workshop. They highlighted the importance of community-based interventions that are tailored to the specific needs of older adults. In this session, the strategies presented highlight the need for a multi-faceted approach that incorporates education, self-care, and targeted interventions.