

Innovative dementia care is essential for creating dementia-friendly communities. In this symposium, we will share with you unique and innovative dementia care that has evolved from the depths of Japanese culture and that the world has yet to encounter.

We present here 1) dementia caregivers' care in a Buddhist temple, (2) dementia care on a farm, and 3) dementia care using the most popular board game in Asia which is named Go. All of them will be discussed based on scientific evidence.

Below are the rationale for these methods. 1) The number of Buddhist temples is greater than the number of convenience stores, and the number of Buddhist priests is greater than the number of police officers, making it a huge social resource. In addition, every person can have peace of mind in the temples. 2) Care farms have already been implemented in Europe; however evidence from the Eastern world is sparse. 3) Go is also a game with many enthusiasts in Asia, and has great potential.

I believe that the participants of this symposium from overseas can take home many tips of innovative dementia care.